

ForeCastle Home and Health Services



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Is Remaining Independent In Your Home Important To You?

Respect, Integrity and Compassion

We Take: • Medicaid waivers • Long-term Care Insurance • Private Pay

- A loss of health and mobility and increasing isolation because of these losses.
- The necessity to rely on family for support and the guilt and helplessness that comes from having to rely on those that once relied on and looked up to you.
- Stress and strain on you and your loved ones as they struggle to assist you.



Don't Let this happen to you or your loved ones!

There is a **better** Way

Compassionate Care With Professionalism and Integrity



Ensure that you or your loved ones are able to Enjoy the comforts of home for as long as possible!



Our Care Services Allow You To Stay In Your Home!

Our caring services make it possible for the elderly and disabled to maintain as much independence as possible with the appropriate in home assistance when it's needed.

Offices

Manassas, VA - coming soon
Winchester, VA

703-649-4494 | 540-491-4040

703-649-4494

service@forecastlehomehealth.com

www.forecastlehomehealth.com

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540-491-4040



ForeCastle Home and Health Services

For Many People,
Growing Older
Means...



ForeCastle Home and Health Care

Is an award winning Private Duty In-Home Care Agency. As a leader in the Home Care industry, we strive to ensure a better quality of life for elderly clients and their families in the comfort of your own home.

Our Services

- Personal Care Services
- Respite Care
- Companion Care
- Bath Visits
- Live-In
- Medication Reminding

Our Clients

Seniors and disabled individuals who aren't ready to leave their home for an institutional setting, Individuals that live with relatives, but because of illness or chronic conditions need support to remain at home.

So we play a role in providing respite for the primary caregiver, i/e: a wife caring for a husband or a daughter/son caring for their parents. Constant caregiving can bring considerable stress because the caregiver's focus is centered on the one needing care. Very often we see that when we give relief with daily routines, it allows the family care giver(s) more time for them-selves, and the family relationship strengthens.

"First-Rate" Care Providers

Our Care Providers are committed, highly qualified, carefully selected individuals who are thoroughly screened, bonded, and properly insured for care. Most importantly, our Assistants are dependable, extraordinarily caring of others Trained, Certified, and well paid.

Personal Interview

We start the interview process by conducting an in-depth assessment of your lifestyle, medical conditions, and the kind of assistance that will help you remain independent at home. We will meet with you and your family and jointly determine the scope of care. During the meeting, we explain the services available, answer any questions you have, and help with important care decisions faced by a family with a loved one in need.

Services

- Companions
- Meal Preparation & Planning
- Medication Reminders.
- Light Housekeeping.
- ADL Activities Routines
- Health & Medications
- Transportation
- Housekeeping Issues

